
A Personal Account of Good Time Management and Finding a Healthy Balance between College and Social Obligations

College is all about time management and having a healthy balance between doing your work and having time for your friends and your relaxation needs. Every day can't be the same monotonous schedule of staying up late doing homework and then getting up early for class. The student's body will eventually give out and they will become sick and miss more than when they were healthy.

Personally, I feel like the grip I have on time management is pretty decent. Some days are better than others, but overall I get all my work done and swing at least seven to eight hours of sleep a night. For me, time management is mostly about getting work done, but also still having time for the things I love to do that I won't give up. For instance, rock climbing is one of my favorite activities here on campus, it's something all my friends enjoy doing and that my roommate and I have truly bonded over. Since this is one of my favorite things to do I try and get as much work done before and after as I possibly can so that I won't have to give up that time with my friends.

However, there are a few things I could stand to work on. For instance, I really enjoy going to campus church, but unfortunately my classes end later on Wednesdays and I never truly have time to get as much work done as I would like to and still make it to church. I also really enjoy spending time with my friends and will sometimes put them over my work that needs to be completed. I have always had a habit of making my family more important than anything else I could possibly be doing at the moment and sometimes that makes me get behind in some of my work so that I'm staying up a little later and losing sleep because I didn't manage my time well.

In conclusion, time management is definitely a skill that needs to be practiced on a daily basis, especially if succeeding in college is a main goal. This activity really helped me see that sometimes I can get sucked too much into social outings, but at the same time am proficient at finishing my work in a timely manner.

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