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# Behavior Disorders: Types, Causes, Symptoms

One of the most important is to know about ADHD. Attention Deficit Hyperactivity Disorder (ADHD) is a mental illness, also called psychiatric disorder. Usually, ADHD diagnosed in school-aged children. Many children with ADHD faced difficulties in their studies and follow instructions, and these characteristics create problems in school and at home. How children or adults with ADHD are diagnosed is a controversial topic. In this article, first, we will review behavioral issues in children caused by ADHD, types of behavior disorders, causes, and symptoms. Second, we will describe How ADHD is diagnosed in children.

## Types of Behavior Disorders

Approximately, 50% of children with ADHD develop two similar disorders; conduct disorder (CD) and oppositional defiant disorder (ODD). Common symptoms of ODD in children are irritable moods, vindictiveness towards to you, impatience, arguing, ignore requests, a frequent pattern of anger and engage in the annoying behavior. And almost, one-third to one-half of all children with ADHD has ODD. But in some cases, children with ADHD sometimes develop CD. Frequently, these children are disobedient and have disruptive behavior. Conduct disorder may occur in 45% of the teenager and 25% of Children with ADHD. Both Oppositional defiant disorders (ODD) and Conduct disorder (CD) occurs equally in boys and girls. But it is more common in boys. Conduct disorder (CD) involves serious behaviors including continuum lying, demolition of property and aggressiveness behavior toward people. Sometimes even the best-behaved child denounces. Usually, every parent of a child with ODD or CD knows how to deal ADD or ADHD behavior problems. But nearly half of all parents who have children with attention deficit disorder live with severe behavior.

## Causes and Risk Factors for ODD

It is estimated that about 10.2% of all children will develop ODD. The specific cause of oppositional defiant disorder (ODD) cannot be founded. Usually, believe that a combination of factors work together towards causing a person to develop the symptoms of ODD. Here we discuss various causes and factors that may play a role in the development of the oppositional defiant disorder.

- Genetic: Generally, children who are diagnosed with ODD to have family members who also suffer from the psychiatric disorder or mental illness. Such illness can include irritable moods, anxiety disorder, and vindictiveness.

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- **Physical:** The appearance of ODD symptoms has been associated with the existence of abnormal amounts of certain brain chemicals. These brain chemicals also called neurotransmitters. Neurotransmitters helping to keep the brain chemicals themselves balanced properly. When an imbalance exists, neurotransmitters unable to communicate properly with other aspects of the brain, symptoms of ODD may occur.
  - **Environmental:** The environment has a significant effect on him or her whether or not may fall into symptoms of ODD. If a child is surrounded by a somewhat chaotic home life (where arguments and violence) are prevalent, then the child may be correlated with the onset of ODD.

#### Risk Factors:

- Family Discord
- Abuse / neglect
- Substance abuse
- Exposure to violence
- Inconsistent discipline
- Dysfunctional Families
- Inconsistent parenting
- History of mental illness

### Signs and Symptoms of ODD

The signs and symptoms of Oppositional Defiant Disorder will vary from one to another. There may also be a significant difference in how the symptoms present in boys and girls. Here few examples of signs and symptoms are given that may be evidence that a child has ODD.

- Frustration
- Disobedient
- Annoyed by life
- Seeking revenge
- Negative Thinking
- Lack of Confidence
- Arguing and fighting
- Vindictive and spiteful
- Difficulty Concentrating
- Unwilling to compromise
- Superiority towards others
- Blames others for mistakes
- Willingly destroying friendship

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- Losing tempers and disobeys rules

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