
Danger of Fast Food Restaurants

People always judges there who buy and eat fast food; however, why do they not stop for a minute to think that maybe there are circumstances that cause people to buy and eat fast food? There are three basic causes why people consume fast food: time, cost, and convenience.

One of the reason people buy fast food is because the time required to cook sometimes is very long but people are hungry and need to eat, so fast food helps with that problem. Time is basic for everyone, and today life happens too fast; therefore, we have to resolve our daily responsibilities quickly, and that's why many people tend to buy fast food for themselves or their families. Most fast food restaurants also have drive-thru's, which help customers to get even faster the food, for who those has short time to eat.

One important fact that people consume fast food is because it is cheaper and not everybody has much money to go to stores and buy expensive food like if they buy meat, bread, cheese and tomatoes to make a sandwich, it will be more expensive; however, if you go to a fast food restaurant and buy a readymade sandwich, you will get it fast and cost at a maximum of five dollars, which may be just half of the price of the meat. Even they have different options where to choose, so it's not like you will eat the same thing every time.

Fast food even is a convenient way, not everyone has the opportunity to learn how to cook for hundreds reasons, maybe they don't have the time to learn or they are just so tired from work or school and don't want to cook. And they do not have to dress up with a specific standard of clothes, it is a comfortable place to go and get food fast.

In conclusion, our society has to not think just in the badly way about fast food; instead, eating fast food has positive causes the fastest, cheapest and convenient way to, the food taste good and makes one of the important part of our lives easier. I believe, if society wants to help people stop consuming fast food, first they have to provide solutions to cover all the needs that fast food does.

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