
I prefer to be true to myself..

I prefer to be true to myself, even at the endangerment of finding the ridicule of others, rather than to be false and finding my own detestation. Why should I worry about what others think of me? I don't give a shit about how others perceive my personality because, to begin with, I know myself and I also know my own demons- in which, at the outset, are just conventional behaviors of an ordinary human being. As an individual, at all times, I think of my own benefits and gains- doing things for my own advancement and betterment. And at the time, I am self-seeking and egocentric.

I only care for myself. The more introverted, the more ignored: and the more unsustained I am, the more I will value myself. I make mistake. I am who I am. Nevertheless, I believe that I am good and I also believe that I am capable of being better. I don't want everyone to like me- I should think less of myself if some people did. Everything that happens to me is a reflection of what I believe about myself. for me, there is no actual rule in this word but only personal norms of how we limit ourselves. I don't have any terrific self-esteem issues but I do sometimes comprehend that I've been too lucky in my life and that I'm over-praised by some people at the rarest of moments. I respect myself, and I only respect those people who respect themselves.

For me, self-awareness is having a clear perception of your personality, including your thoughts, beliefs, motivation, and emotions- it allows me to understand other people, how they perceive me, my attitude and my responses to them in the moment. I could say that I am aware of my own weaknesses and strengths. I know my own capacities- my potentials and assets that make me stand out from others. I also know my disadvantages - my negativities that make up my flaws and weak spots. Evidently, as a person, I also have the inclination not to distinguish my own traits and behaviors. My friends tell me that i have this inadequate attitude of not caring or not being aware of the occurrences in my surroundings. I have the tendency not to care too much about the things happening within my environment. However, I am managing to let loose of my hidden self and mend my self- disclosure facility. My self-awareness is quite high because I always ask people around me about their perception of me and how they see me as a friend or companion.

I am free- spoken to myself. I accept criticisms. I believe that accepting criticisms could actually develop my personality - that to any further extent, it would build up my personal appeal and would make me a better person. Having a clear understanding of my thought and behavior patterns would help me understand other people as well. All of my life, I want to be so brave to say and do what I want. I have heard people say that self-esteem is very important to my interpersonal communication and I must have high confidence or self-esteem.

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I don't really have a high sense of worth. I just do things for a purpose, for intention. My self-esteem depends on situations. If I am prepared enough to do a particular task, my self-esteem is imminent. If I am not, then my self-esteem is low. But since I was a kid, I've developed skills in facing different kinds of people. I believe I am important and I believe that the word is better because I am in it. I have confidence in myself and my abilities, and that I am able to ask for help. I trust my decisions and at times, I believe that I am my own best resource. I feel confident about my appearances and abilities. From that, I form a good self-image about myself.

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