
Organized Youth Sports

According to Megan “If players receive positive encouragement and are taught sportsmanship at a young age, they will be able to model that behavior as a player or observer today and in the future” I'm for youth Organized youth sports league because it helps kids in a lot of ways. There is a lot of debate of whether children should be signed up for youth sports or not, just because others say no, I am for youth sports because it teaches kids life lessons, it inspires others with the spirit of competitive sports, and it can promote a healthy lifestyle.

To start, organized youth sports give children life lessons that could help them later on. In the article Sports Teach Kids Valuable Lessons written by Stephen D. Keener states “While striving no to win, children learn about teamwork, leadership and sportsmanship, all of which can contribute to their development as solid citizens” While playing sports the kids learn life lessons. Without these sports, the children may never learn to be a good citizen. The children also learn teamwork because they are always playing as a team. Keener also states “In organized team sports, children work together to accomplish a task and learn from their mistakes” Without Organized Youth Sports kids may never learn from their mistakes and keep doing something wrong over and over again, which could cause problems later on in their life.

Second, it inspires others with the spirit of competitive sports. Keener states “Every summer millions, watch the Little League World Series tournaments and are reminded that there are extremely talented athletes on our fields” The spirit of competitive sports inspires others, which could lead others to follow the same path. Keener also states “These wonderful, heartfelt scenes, brimming with life lessons for all ages, were inspired by the spirit of competitive team sports” People of all ages can be inspired by the spirit of competitive sports, no matter how old you are you can still be inspired.

Finally, organized youth sports can promote a healthy lifestyle. In the article Give Children Variety and Time Off written by David Geier state “As adults, we should want our kids to play sports. They not only provide exercise but also promote mental wellbeing and social development” Adults are proud of their children who play sports because it's healthy for them and helps with social development. David also states “Studies suggest that sports and exercise can lead to greater academic success” Studies may prove that kids who play sports will do better in academics which could lead to a successful life.

Some may say that children's bodies aren't capable of playing one sports day after day. Geier

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states that “More kids are playing sports than ever before and with that injuries have skyrocketed. The injuries that used to only occur in professionals, like a torn elbow ligament, now afflict school-aged athletes” Kids may get injuries while playing sports, but they will learn from their mistakes so it won't happen again.

To summarize, Youth sports teach kids life lessons that will be used further on, inspires people of all ages, and promotes a healthy lifestyle so they will be healthy for their life. In addition, in order to stop injuries from getting any worse, a paramedic should be at the games and ready to take action if needed.

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