
Happy Marriages: Studying the Causes and Effects of Divorce

What is Marriage? One might think it's the happiest thing in the world, others might think it's the worst thing one can do in life. All human being differently depending on the situation Divorce can be defined as a legal dissolution of marriage because of many factors which can be internal or external. Marriage is a bond that unites two people, when a couple decides to live together for their rest of their life, and to stay side by side for the health and sickness. Divorce in the other hand is the opposite of marriage which is a process couples go through when they decide not to live together. From many obstacles and difficulties Divorce is one of the hardest things people can go through especially if a family is formed, but nowadays, many marriages are ending in divorce in the early stages and are increasing at a higher rate all around the world.

Many societies don't accept divorce especially in developing country such as most Africa country and Middle East country, on the other hand divorce common and very easily and even suggests it as a solution in developed country such as United State of America. All around the World there are many people who couldn't stay married and choose the road to divorce for many reasons. Nowadays the rate of divorce is getting very high, one of them is interesting fact is that divorce is common with the educated and the financially well-off families this is a trend that raises many questions than answers. Three are many causes of divorce that have been identified and they include changing roles of women, stress found in family life, lack of communication, Childless, Poverty and low income, Alcoholism, and marriage in young age. One of the reasons from many given for the high rates of divorce is that women are changing their roles in life. In old days women used to stay home and taking care of their children and their husband. Husbands, on the other hand were the key for everything.

Women were expecting everything from their husband including groceries, house expenses like rent and everything. With the changing economic and society, women are getting education they are going to school and graduating from university. Women are changing the way things are like marriage now women are working and provides everything for their home as their husband does, so they don't need to expect anything from their husband in order to provide anything which changes how marriages. As women become independent, they tend to have confidence and lower tolerance to violence from their spouse. In earlier times, women were supposed to tolerate any abusive from their husband because they had no other alternative. The equality that we are seeing today where women are more educated, and they are becoming their own bosses and have their income make the takes marriage into different level. Women are becoming more independent from their spouse especially in terms of money as they

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can earn money by their selves, this high rate of independence made it easier for women to leave their husbands if they are unhappy in any case in the slightest form of provocation.

Over time it has been observed that divorce is rampant with couples where the wife is equally educated as the husband. Women who are earning are highly likely to get divorced with their men. Poverty and low income are a main problem in the world today. So many people don't have enough food to eat or a shelter to live in. Most people will get married thinking things will be better and easier when they get married, but many people suffer a lot from the poverty, and they face many difficulties throughout their lives because of that. As in the book *Divorce in Canada* "an impoverished couple has many problems to cope with than a more privileged couple" the main problem that many couples must face is the issue with money. People start a life thinking they will handle everything that come in their way especially if they are with their partner, but the truth is that couples with no money have the probability to argue more often because of lack of food, diversions, and unemployment. Even though, some people that have these kinds of problem tend to be happier, but most people find it hard to even take a breath with kind of problem. So, the only option that is left will be the divorce. A study done by the National Bureau of Economic Research Inc. shows that there are some financial problems more likely to lead to divorce then others. One example would be getting fired. Getting fired from a job has a significantly impact in the probability of getting a divorced.

The National Bureau of Economic Research also says that married men who are fired have an 18% higher chance of being divorced within three years of losing their jobs than men who aren't fired from jobs. Women are said to have a 13% higher chance of getting divorced if they get fired. The reasons that getting fired from a job would raises the chances of getting a divorce. Most of the time Getting fired will put all the burden on one person, and the person that has all the burden usually go through a lot of stress in order to manage everything. Stress can be a huge cause of marital difficulties. The one thing that always come up frequent times in research is that money causes the most stress for married couples. According to PREP (Prevention and Relationship Enhancement Program), money is the start for many arguments than any other topic. Citibank also states that their research shows money to be the leading cause of divorce. Money causes friction between marriage, Couples that doesn't have enough money, or couples that have enough money will most probably fight with their partner because of money, with the struggle to earn money, even women today are also educated, and they are looking for money. The search for more money has brought the dark side of most people this day.

Women can go places and can do many things which are unheard of in the name of looking for money. This is partly caused by the rise in the living conditions. The price of food has risen around the world, gas is increasing and the cost of getting education is on rise that never been before. With this, there is increased struggle to get money which makes people to stress more. In the modern style especially this day Alcohol and drugs plays an important rule in people life.

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when everybody starts drinking it is always for fun, and it's not that harm full in the beginning, but when one person gets addicted to it, people life will change forever, "may in itself be the result of a poor and disruptive marital relationship". Alcoholism problems occurs in both men and women, if one partner is unhappy, and if one partner don't get what they want from their partner in a marriage most people will tend to turn to alcohol, where alcohol seems their one and only entertainment at that point, and they think it's the only choice they have to make their life bearable. If only one partner is alcoholic then the other partner might help the other to get out of the addiction by loving and caring and by keeping the marriage, but mostly it doesn't work that way it mostly will end in divorce. Communication is the key role in any marriage. If married people lack the communication in the relationship, the bond between them will be loosened, and both partner will go their separate ways which is not going to help save the marriage, instead it will keep the partners to go separate ways, one might be looking for someone that they can communicate well and understand them more.

Not communicating enough decreases the amount of love, romance, attraction, and understanding between each other, and there will be more fights rather than alone, and caring relationship between the couple. As one survey taker stated, "Being stubborn, resentful, too much negativity, lack of trust and constant doubt." are all caused due to the lack of communication between married people. Another common cause of divorce is getting married in a young age. There are 144,000 marriages taking place each year between people of ages 15 to 19. Recently that number has decline, but it is still high. The rate of divorce for young people in marriages is extremely high for many reasons. According to Jeanne Warren Lindsay, author of the book Teenage Marriage, many teenagers jump into marriage in hopes of finding an escape from an unhappy home life. They see marriage as a chance to create a home of their own making, one much happier; Unfortunately, it usually doesn't work out. Lindsay states, each partner is developing his own identity and going in a different direction. Often, they can't keep the original relationship together. This is something that young married couples must struggle to deal with and unfortunately most can't, or just don't want to make the effort. The fact that married teenagers are forced into an adult world only adds to their stress. Because these teenagers are forced into the real world, they may be forced to support themselves and their spouse financially when they are not prepared to do that. Money is a main problem because usually to earn a living as young married people quite school in order to work more. The other factor in young marriages is pregnancy. Although a pregnancy is commendable, marriage is not the way to do it. Researchers have found that a baby's presence makes it harder for an early marriage to succeed. The reason for this being that a young couple must struggle to adjust to parenthood and each other at the same time.

Either one of those two things are a lot to deal with; having both at the same time on one's hands can be a bit much. Furthermore, the effects of divorce rates are negative, majority of couples are normally bound together with the responsibility of raising their children. Every child

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will be happy if they are raised by both parents because the occurrence of divorce has a direct effect on children. Some children who grow up in single parent families take the option to escape from their homes as a result of the separation of their parents and become street urchins. They wouldn't be able to get basic needs such as education, food, and shelter which make them engage in negative actions such as crime, prostitution, and drug abuse. Nonetheless, some effects of the rise in divorce cases are positive. For instance, when couples agree to divorce peacefully because of the irreconcilable differences it may be healthy for an individual to concentrate on other life matters. The person will be free from responsibilities and can-do other things that can make them happy without interference with each other's lives. From studies mostly, it is women that benefit from divorce because they are relieved of the pain caused by non-functional marriage. Children also experience positive effects of the divorce emotion. They are free from heartbreaks caused by divorce. Frequent conflicts and quarrels between their parents finally come to a standstill. The children can find their path in life and get high self-esteem. The spouses furthermore can benefit from divorce when the court intervenes in the division of their income equitably. It helps them manage their finances for the sustenance of their children.

These are some of the positive effects of a marriage separation for couples, children and people around them. In conclusion, Marriage or all relationships require constant cooperation and an equal or fair level of effort from everyone involved. Despite the number of files on divorce cases raised in courts in America today, the two must remain together to form a healthy family. Staying side by side with each other is what they need despite the upheavals that increase due to ideological differences in marriage. Currently, divorce occurs because of the lack of communication, stress caused by modern life, and the empowerment of women that has led to both positive and negative effects. Couples without children see it significant to divorce with their consent to solve their differences while those with children should ensure that their children should not be victims of the broken relationship. Nevertheless, people should think wisely before choosing a life partner in order to lower the increasing rate of divorce. There are many causes of divorce. Relationship can be saved if you have better communication between each other, if one is addicted to something you can help partner come out and save their lives. People can't change the poverty but if four hands starts working together than the life can be changed.

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