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## My Desire To be A Medical Worker

Since I was a child I have always wanted to go into medicine. I had many different professions in mind such as being a nurse, surgeon, doctor, and even a physical therapist. As I grew older I realized that I would have to be more specific with my decision, so after some research I decided I was going to go into sports medicine. This meant I was qualified to be a physical trainer, an athletic trainer, and a sports medicine doctor. After reading about what its like to go into sports medicine I realized that there are many different important skills you need for the job. Several of these skills fall under communication, and expressing ones self. In order to be in the business of sports medicine you must make yourself available at all times, and build strong communication skills and strategies.

An important part of the sports medicine career is availability. It is important to make yourself available at all times in case of emergency. This is something that I would place under the skill of communication. Being available all the time can be difficult. But with the right communication skills I think I could make this possible. This would mean keeping in contact with my assistant or secretary constantly to insure that my patients are well taken care of, and that I can see them when need be. Not would always being available show that I have great communication skills, but it also shows what kind of person I am. It would show that I care about my patients, and will do whatever it takes to keep them healthy.

Like any job, communication skills and strategies are essential in sports medicine. In order to be successful you need business, and in order to get and keep business in the career of sports medicine, the patients that are tended to must feel comfortable, and feel that they are being well taken care of. It is important to check in the patients regularly, and to make sure they are comfortable at all times while being examined. I feel that when sport medicine practices fail, it's often seems to be because there is a lack of availability and communication for the athlete's treatment. Within the line of communication, the number one priority is that the player is happy. Followed is the player's family and parents. Once the player and their family and parents are updated, communication with the team coaches, management and ownership are also extremely important. To be successful in this job I would have to be able to communicate with my patients and those around me in sports medicine. It is especially important is communication with the athlete's parents and family. If the athlete's family isn't happy, nobody is happy. This is something that will continue all the way up the professional ladder. Something that also continues up the professional ladder is communication. The higher up the ladder the athlete is the more people I must be in contact with. This includes agents, coaches, trainers, and managers. It is safe to say that communication is very important in sports medicine, and the more successful you become the more important it begins to be.

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When it comes down to it communication could either make or break my future. I find this true for almost any job, but it seems to be especially important in the field of sports medicine. It is necessary to make sure the patients are comfortable with having me as a doctor, and to reassure them that they could count on me at anytime. To reach these goals I find that I really express myself around my patients and other clients so they know how reliable I am as a person. I would also need to continue to work on my communication skills to show how reliable I am as a doctor. A good attitude, a good heart and good communication skills make for a good sports medicine doctor.

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