
The Effects Of Spanking A Child

Child spanking can be seen as a physical punishment that affects children's self-esteem. Physical hitting is more dangerous, so parents can strive to punish children without hitting or spanking them. Read on to learn more about the adverse consequences of child spanking.

It is a wrong notion put forward by many parents that spanking is an essential part of the discipline of a child. Although, as a parent, your goal might be to teach your child a lesson so that he does not commit a wrong behavior, but in the long run, you will find that spanking has some significant negative impact on the child.

Children may appear to be disobedient or unmanageable, but there are explanations for their unwanted behaviour. These factors should be discussed and addressed, as spanking is not the best way to discipline your child.

Kids learn through imitation

All children prefer to mimic what their elders practice before them, and thus conclude that it is the correct way to behave. Take this case, for example, where a mother unexpectedly spots her eldest daughter, 3 years of age, hitting her son, 1 year of age. She gets scared and asks her daughter why she's doing that. The little girl says she's just playing mommy with her brother.

The point is, the girl has decided that it's all right to spank as her mother does the same thing with her. So, as a mom, you need to act with her in such a way that you want her to behave as well. Always be a good instructor to them.

Spanking devalues the child

If the kid is hit, it is not just physical violence but it also means that the kid needs to be hit. This is exactly how the child sees the action. This is particularly undesirable, as it makes the child feel dejected and reduces his self-esteem.

Even if you shower intense love to the boy, and then spank him for a certain 'offence,' the child is sometimes too young to understand the reason for the drama. He's getting lost. Even a close embrace after that, may not mend disillusionment or disheartenment. And if the spanking persists, the kid thinks like it's only because he's young and defenseless. That is, the grudge is rising inside.

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Spanking leads to aggression

This is a common observation. You're going to find that the first time you hit your child, he's going to listen to you. It's because he's so scared and taken aback that he just wants to get your caring type back. The next time you strike him, he feels let down and quietly doubts your actions. He listens more to you out of fear again.

If you continue to believe that the habit of spanking is successful, the child will actually repeat his mistakes and take your spanking for granted as well. This doesn't affect him mentally like it did before, and he's beginning to realize that spanking is at the most you're going to do to him, and he can have his way. The hostility is rising naturally.

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