
The motivation letter for you

Have you ever lost your motivation?

Or felt that your life has no purpose to it? Im not talking about, but the times when you would look around and see others motivating themselves to do things simply by knowing that these things needed to be done. But For you, motivation seems like esoteric, intimidating game where you'd try to make yourself do something while your mind simultaneously avoided doing it. If you won, you'd have to do something I didn't really want to do. And if you lost, you'd be one step closer to ruining the rest of your entire life. At least that's how you feel. And you never really know whether you were going to win or lose until the very last minute.

Let me tell you that you are not alone.

I know exactly how you feel. You Don't Have To Have A Dream. Americans on talent shows always talk about their dreams. Fine, if you have something that you've always dreamed of, like, in your heart, go for it! After all, it's something to do with your time... chasing a dream. And if it's a big enough one, it'll take you most of your life to achieve, so by the time you get to it and are staring into the abyss of the meaninglessness of your achievement, you'll be almost dead so it won't matter.

I never really had one of these big dreams. And so I advocate passionate dedication to the pursuit of short-term goals. Be micro-ambitious. Put your head down and work with pride on whatever is in front of you... you never know where you might end up. Just be aware that the next worthy pursuit will probably appear in your periphery. Which is why you should be careful of long-term dreams. If you focus too far in front of you, you won't see the shiny thing out the corner of your eye. Right? Good. Advice. Metaphor. Look at me go.

Conclusion – Don't Rush

You don't need to already know what you're going to do with the rest of your life. I'm not saying sit around smoking cones all day, but also, don't panic. Most people I know who were sure of their career path at 20 are having midlife crises now. Learn as much as you can about as much as you can, taking pride in whatever you're doing, having compassion, sharing ideas, running(!), being enthusiastic. And then there's love, and travel, and wine, and sex, and art, and kids, and giving, and mountain climbing ... but you know all that stuff already. It's an incredibly exciting thing, this one, meaningless life of yours. Live it one step at a time.

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