
The Importance and Role of the First Impression in My Life

Just like every other person in this world, I have heard the cliché: “It’s the first impression that matters” numerous times by my mother. As much as I do not want to, I have to admit that it is most certainly true. I strongly believe that no matter what you do, the first impression you leave on people is imprinted on them and never really leaves. It is hard and almost impossible to alter someone's original opinion about you. Thus for me, it is of great significance to show my true and best self every time I meet new people. But who is my true and best self?

“Why are you so shy?” and ironically: “Why are you so loud?”. I have been told both and to be honest, I am none of them in particular. Different persons make me react in a different way. And that is something I cannot really control. Unless I try to. As much as it is easy to talk to the new girl in my class that smiles a lot, it is difficult to approach that group of girls whispering in each other's ears. Sometimes, I somehow find the courage to talk back to that boy that irritates me and simply cannot have a conversation with someone. Sometimes, I am surrounded by new people in my new class and still feel so lonely as I have nothing to say. That is not me. Or to be more specific, that is not the real me, the funny and amusing one that I am when with my friends, the one that everyone loves and wants to be with.

To be more precise, when meeting new people I try to be the person that one would immediately like. Naturally, not all people will like me but judging from my opinion there are some character traits that immediately make me take an interest in someone. First of all, something I value a lot is kindness, positivity, friendliness, instant connection, “chatty”. First of all, something I value a lot in someone, including myself, is friendliness. I like people who smile a lot, engage me in a conversation and make me feel comfortable around them. That’s what I want to be like too. Basically, a mantra of mine is “treat others like you want to be treated”, only with a positive meaning. Therefore, I frequently put myself in others’ place and think: “Would I like that or not?” Friendly people are good to be around. They are sociable, pleasant companions, who always know how to say things the right way, even when they are challenging others’ behaviour.

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