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## A Study Of How Puberty And Peer Pressure Affects Adolescents

The tweens of today are having things on their mind, at a young age it was cupcakes, glitter, hot wheels and dinosaurs. Now at the tween years have more things on their mind than just rainbows and trains. This has to deal with peer pressure, puberty, also with trying to be popular. Which will be the cause of ten year olds wanting to become a teenager already? There are issues that an everyday child deals with on a daily basis.

What is Peer pressure? Peer Pressure is the influence of people do try to. When you were a little kid, your parents usually chose your friends, putting you in play groups or arranging play dates with certain children they knew or liked. Now that you're older, you decide who your friends are and what groups you spend time with whether your parents like them or not. Parents may think their child is to be sweet, innocent, and always doing the right thing. When peer pressure comes along that goes downhill, it is a perception that changes when the parent is away from the child.

Puberty is the physical change from a child to mature into a mature adult. With female tweens, they can develop breast, hair growth or many other physical changes. With males it is mainly voice changes or height changes. Puberty varies with the tween and can be a good thing or a bad thing for a tween to deal with. According to Steven Dowshewn of [www.kidshealth.org](http://www.kidshealth.org), He states "Sometimes it can be hard to deal with all these new emotions. It's important to know that while your body is adjusting to the new hormones, so is your mind." This will affect teens for years and years to come.

Popularity shows tweens are can be either be two ways: Your either sweet person with a good personality or the meanest person some people ever came in contact with. People use their popularity for good things for instance running for class president, or wanting a to win votes. Using your popularity of evil, can be like "I run this entire school I am going to get it if I have to drop you off the face of the planet." Lots of popularity shows what type of person you are or if you want to be popular.

In other words, Tweens have many things to worry about in elementary, middle and high school. From peer pressure tweens into drugs, sex, drinking alcohol or may other situations. Puberty in males and females for tweens at a young age, females in particular. Popularity at school which can be used for good and evil, or for votes to win an election. Tween days will come and go, it shows that you cannot always stay that way forever.

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